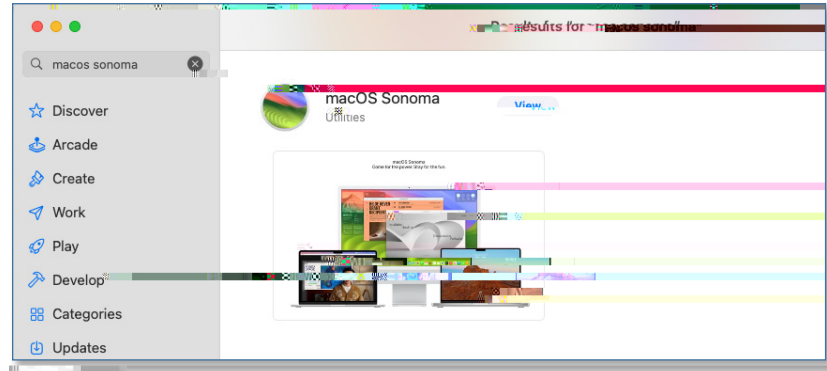


# macOS Sonoma Upgrade Procedures

## Download Sonoma

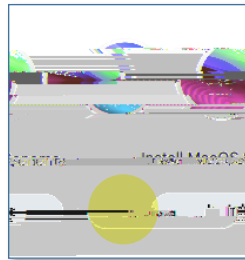
1. macOS Sonoma should automatically download from the app store. (If not, open the **App Store**, find **macOS Sonoma**, and click **Get**.)



## Install macOS Sonoma

Once the Sonoma download is complete:

1. Launch the **Self Service** app from applications or the launchpad. (Make sure to save and close any documents you might have open.)
2. Find **Install MacOS Sonoma** and click **Install**.



3. After the item installs, the computer will reboot and start the upgrade process.