

Old Dominion University
PSYCHOLOGY MENT



Elizabeth C. Guy Outstanding Psychology Academic and Service Awards

given to the graduating seniors with the most outstanding service to the department and the most outstanding academic accomplishments.

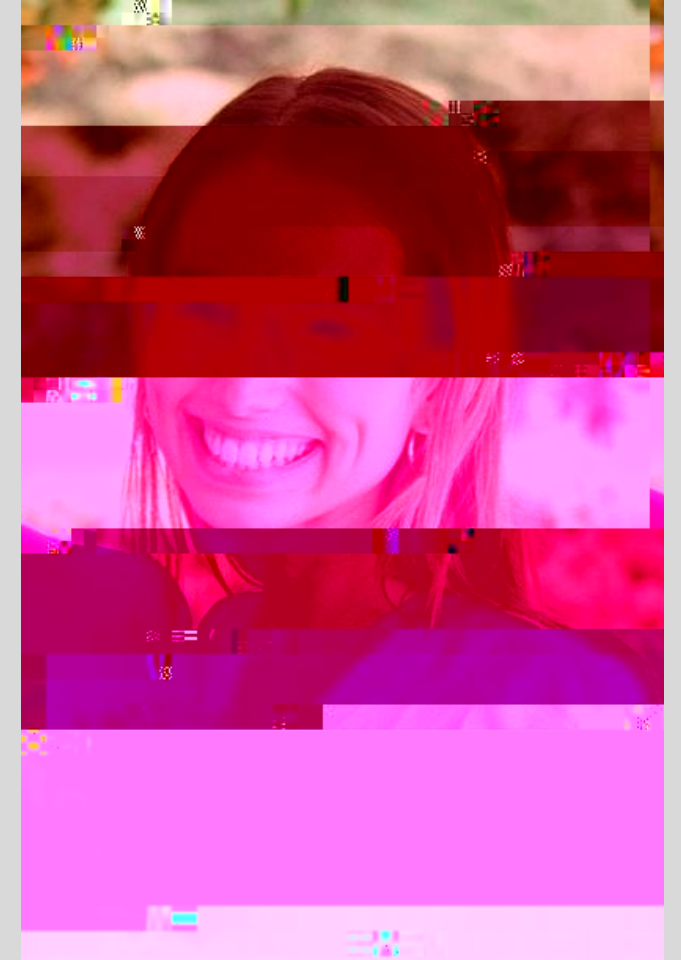
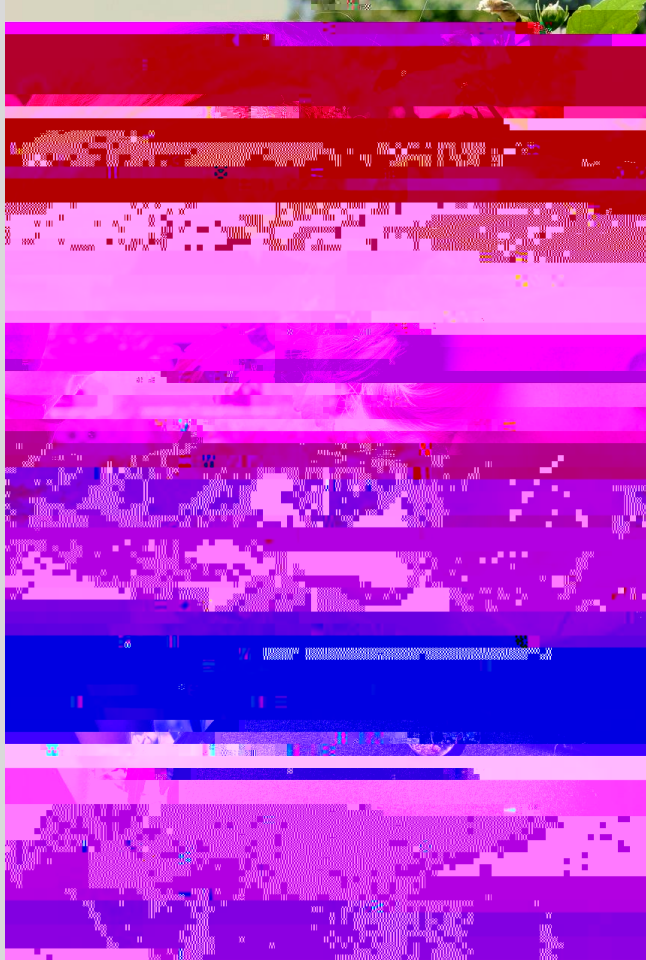
Award recipients for 2020-2021

Jillian Vollmer

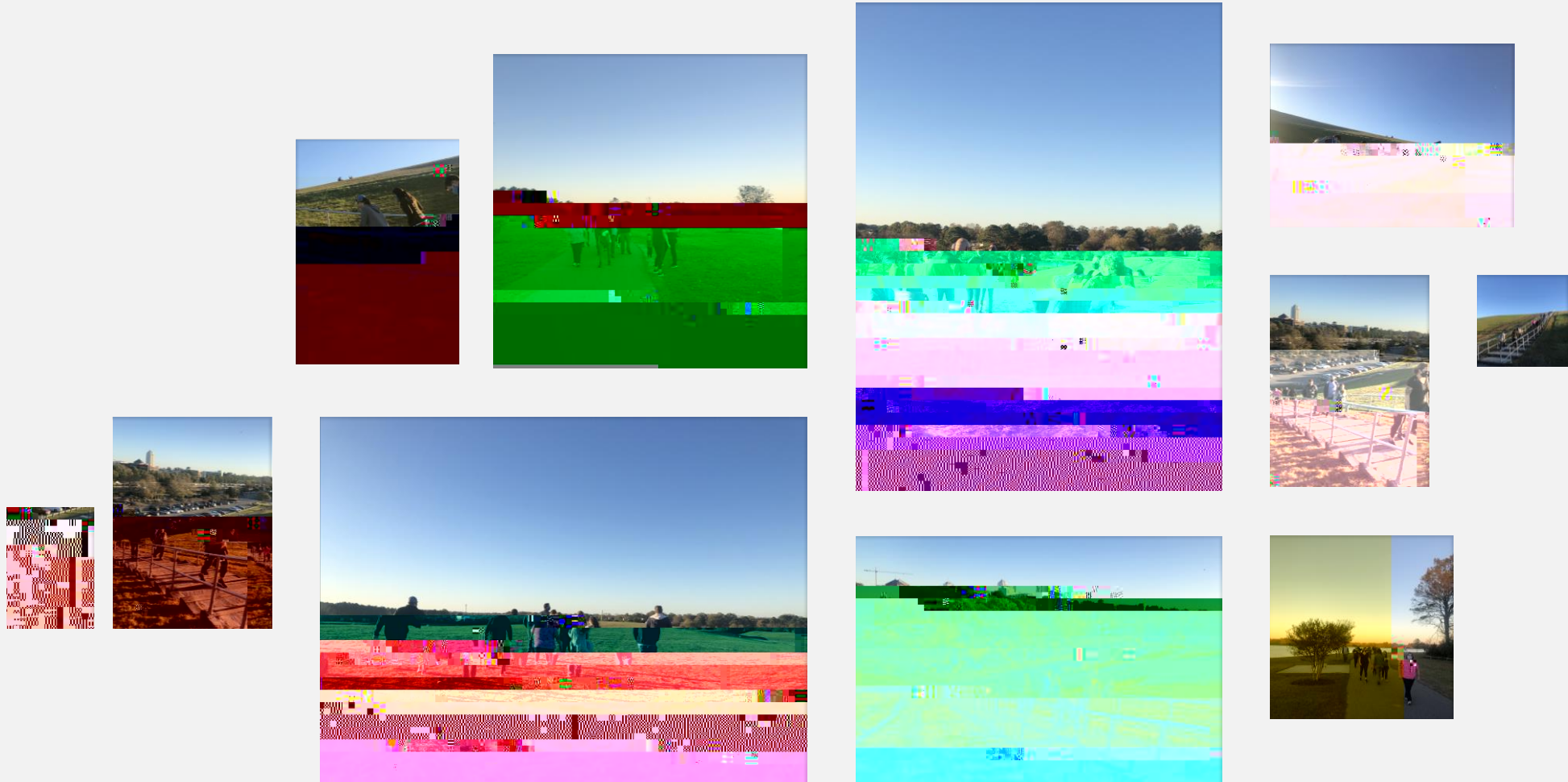
Academic

Savannah Speese

Service



In these socially distance times, creativity is the key. Faculty held their Faculty Workplace Climate meeting as a fall walk on November 20, 2020 at Mount Trashmore in Virginia Beach. The next meeting is scheduled for April 23, 2021.



The second thing is, for me, I took every opportunity given to me. You have to be conscious of your time and aware of your boundaries and where you are going, but early on, you need to get every experience possible. Take every opportunity, whether research or consulting, so you can figure out what you want to do and you can understand what's the right fit for you. So, me raising my hand, initially I didn't know, that is a sought out skill when going into business. They want someone who is willing to try something new, willing to roll up their sleeves and get dirty, do an exceptional job. That's super important. Having initiative and getting wins, getting exposure, it's all important. In research, we take time to plan out research and the process takes time which isn't always how business works. But it's similar, the raising of the hand and always being willing to jump into something has gotten me far.

What is the single most important piece of career advice that you can give someone in your field?

The best thing you can do, if you are thinking of going applied, is to take an internship. Timing is important, but make sure to get in internship and work on practical projects. Get applied consulting experience, learn how businesses operate. An internship can help you when you are going applied in external consulting, internal consulting, or government - you really need to learn how to work in the real world.

single

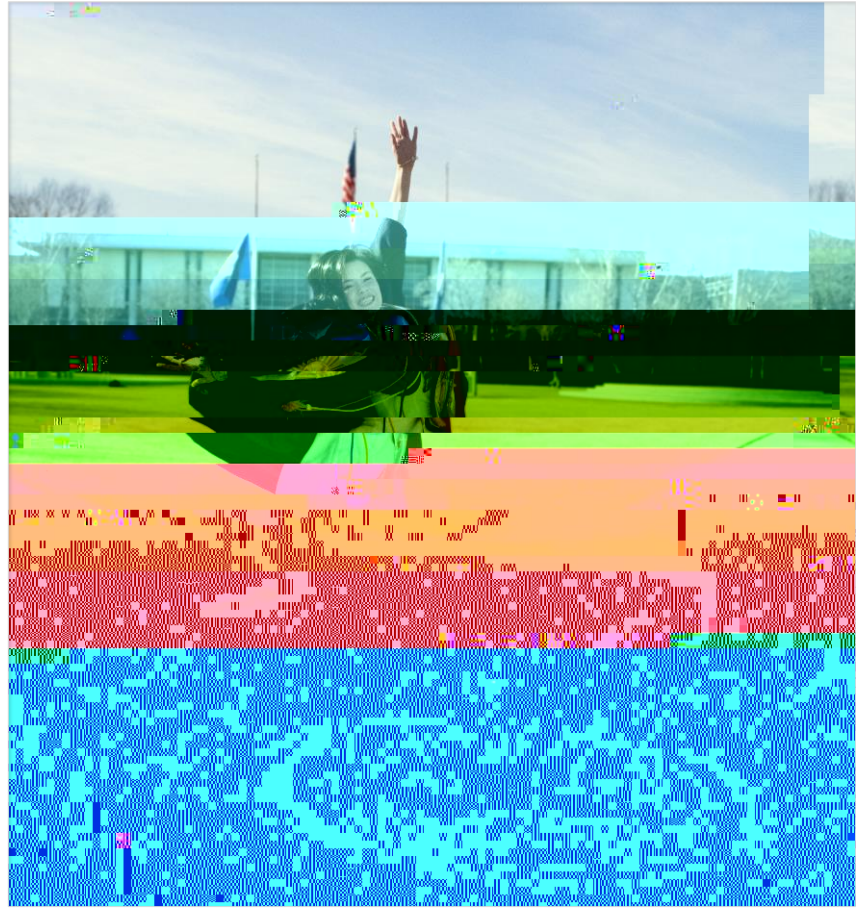
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The Michael Greenspan Study Abroad Scholarship Award

A very special thank you to Dr. Michael Greenspan for his continued support of this award.

Dr. Greenspan pictured with past scholarship award recipients in the United Kingdom.

institutions in the United Kingdom for a semester. If interested contact the ODU Study Abroad Office.





Congratulations to:

